

The Canadian Nurse

Vol. III.

TORONTO, SEPTEMBER, 1907.

No. 9

Editorial.

CANADIAN MODESTY.

We have before now had an uneasy feeling that we were too young to be truly modest, and have watched in vain for any saving sign of this cardinal virtue. It is so no longer. Perhaps we are too self-conscious, but our readers may judge of our feelings when, now in midsummer, months after the event and after having celebrated the good deeds of English and American and West Indian hospital nurses in caring for the sick and wounded during the terrible earthquake at Kingston, Jamaica, we discovered that one of our own number, a graduate of Toronto General Hospital, had borne no small part in the work of these great and tragic days at Kingston. The following letter to Miss E. Maude Levy, from the Senior Medical Officer of Jamaica, and Miss Levy's own letter to Miss Snively, on another page, will place our readers in possession of the facts:

ISLAND MEDICAL OFFICE,
KINGSTON, March 11, 1907.

"Dear Miss Levy,—Allow me, in the name of this department, to thank you most heartily for so readily coming to our assistance at the hospital in a time of such need.

"Your work has been splendid and, as Miss Douglas states, 'will live after you.'

"I have to thank you for the very tactful and kind, as well as highly-efficient manner in which you have managed your wards, which were invariably a model of good order and cleanliness.

"I am only sorry that we have not got half a dozen Miss Levy's, in which case we should compare very favorably with any hospital in existence.

"Again thanking you for your goodness and assuring you of the high respect in which we all regard you, I am, yours, very truly,

(Sgd.)

"J. ERRINGTON KER,
Senior Medical Officer."

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NEW FIELDS FOR NURSES.

A large part of the present issue of the magazine is devoted to Dr. Darlington's article on, "The Trained Nurse as a Factor in Municipal Health Work." Our chief reason for this is the growing importance of the medical inspection of schools and kindred subjects in Canada. In Halifax, in Hamilton, in Montreal, in Toronto, and in New Westminster there are movements in that direction. Dr. Roberts, the Medical Health Officer of Hamilton, has been appointed Medical Inspector of Schools, and has already issued an important report on the subject. In Montreal, some fifteen or twenty physicians were appointed to carry out the medical inspection of schools, and the truth seems to be that it was deferred for the present, because their first report showed that there was such overwhelming evidence that it was needed. Now no system of medical inspection of schools has yet been satisfactory or successful unless the aid of the nursing profession was enlisted. This opens to the most intelligent, well-educated, tactful and progressive nurses a new field of usefulness which they will not be slow to take advantage of, and all such should carefully preserve for reference Dr. Darlington's article. It may almost be called a hand-book of the subject, and is prepared by one of the best and most experienced authorities not only in school hygiene, but in municipal hygiene in general.

Editorial Notes.

ENGLAND.

The Infants' Hospital.—The foundation stone of the new Infants' Hospital, to be erected on a fine site in Vincent Square (said to be the only hospital in Europe devoted solely to the care of infants), was laid lately by the President of the hospital, H.R.H. the Duchess of Albany. The building will accommodate fifty patients. A pretty feature of the scene was the presence of the Guards' Home children, who, in bright scarlet cloaks and blue ribbons, lined the stairs. The new building is a memorial to the late Mrs. Robert Mond, who loved the work of the hospital, by her husband, who is erecting it, and handing it over fully equipped to the trustees, that it may "perpetuate the influence for good which radiated from her personality."

London Children's Hospitals' Milk Supply.—The following admirable rules have just been adopted at a general meeting of the Governors and Medical Staffs of the London Children's Hospitals: 1. The milk shall be pure, genuine, and with all its cream as yielded by the cow, and absolutely free from any and every kind of adulteration, including preservatives. It shall be of such

quality as shall produce at least 3.5 per cent. of butter fat. 2. It shall be supplied from a farm, or farms, whose name, or names, and locality are notified to the hospital. 3. It shall be permissible for an authorized representative of the hospital to inspect such farm, or farms, at any reasonable time. 4. The cows supplying the milk shall be in a good state of health, and the veterinary surgeon shall give a certificate at least once a quarter to that effect. 5. The milk shall be strained and refrigerated at the farm, and there canned and sealed. 6. The milk shall be delivered, sealed, at the hospital, within 24 hours of milking. 7. It shall not be "pasteurized" or treated otherwise than as mentioned in Clause 5 without the written sanction of the hospital authorities. 8. It is advisable that the milk as supplied to the hospital should be tested bacteriologically and chemically once a week. 9. That the name of the medical officer of health of the district in which a supplying farm is situated be furnished by the contractor, and that he be informed of the relation between the farm and the hospital, and that he and the clerk of the urban district council be supplied by the hospital for their information with a copy of these recommendations.

SCOTLAND.

Scotland.—The Prince and Princess of Wales recently paid a visit to Glasgow which will long be remembered by the citizens, institutions, and public interests of that great city. It is understood that the Royal visitors worked in public at least seven hours a day and gladly did many things to help the city and its institutions. One of the most interesting duties then performed was the laying of the corner stone of the new Royal Infirmary, in Gatehouse Block, which is to take eight years to build, and will, it is thought, mark a new era in hospital building. The Royal Infirmary nurses were assembled within the quadrangle as Their Royal Highnesses arrived for the ceremonial, and by some happy thought spontaneously sang the National Anthem, for which they were rewarded by a kind appreciative look from the Royal visitors. In the evening a dance was given to the nurses, to celebrate the occasion, in Cathedral Hall.

INDIA.

The Calcutta Nurses' Association.—Originally founded in 1859, by Lady Canning, this the oldest nursing association in India, has now 122 nurses. Since 1881 the training and supervising of the nurses has been done by the sisters of St. John the Baptist, Clewes, England. Several of the nurses work in Ceylon.

Lady Roberts' Nurses.—It has been well said of them: "They are ever ready and ever true to the toils and tasks they have to do." Lady Roberts, who was then residing in India with her husband, the Commander-in-Chief, began in 1886 to organize the military nursing service in India, and this was really the beginning

of Queen Alexandra's military nursing service. Lady Roberts' nurses are now chiefly in the Punjab and the north-west where, in the Tirah Campaign, and in every other time of need, they have done good service. They are personally selected by Lady Roberts and are of the social status and education so desirable in such a service. The uniform is gray, faced with royal blue.

HOLLAND.

The Flower Ladies.—A small society of ladies in Amsterdam, who have for 25 years given books, flowers and fruit to the patients in the city hospitals, celebrated their Silver Jubilee this spring. They are great favorites, and are regular and unobtrusive in their work. One member, at least, has never failed to make her weekly visit in all the 25 years.

DENMARK.

The Young Probationer.—An old nurse in the *Danish Journal of Nursing*, speaks with great judgment and kindness on the subject of helping the Young Probationer over her early difficulties and disappointments.

FINLAND.

Politics.—Last year in Finland, the nation quietly bestowed on women the right to vote and be voted for. Consequently the new Parliament contains nineteen women among the members, among them a teacher, a journalist, a dressmaker, and a clergyman's wife.

Official Department.

THE CANADIAN NURSE has the honor of publishing official information from.

Queen Alexandra's Imperial Military Nursing Service.

The Canadian Permanent Army Medical Service (Nursing Branch).

The Canadian Society of Superintendents of Training Schools for Nurses.

The Association of Hospital Superintendents of Canada.

The Canadian Nurses' Association.

The Manitoba Association of Graduate Nurses.

The Graduate Nurses' Association of Ontario.

The Victorian Order of Nurses.

The Guild of St. Barnabas for Nurses.

The Collingwood G. and M. Hospital Alumnæ Association.

The Calgary Graduate Nurses' Association.

The Edmonton Graduate Nurses' Association.

The Fergus Royal Alexandra Hospital Alumnæ Association.

The Galt General Hospital Alumnæ Association.

The Guelph General Hospital Alumnæ Association.

The London Victoria Hospital Alumnæ Association.

The Kingston General Hospital Alumnæ Association.

The Montreal General Hospital Alumnæ Association.

The Montreal Royal Victoria Hospital Alumnæ Association.

The Ottawa Lady Stanley Institute Alumnæ Association.

The St. Catharines General and Marine Hospital Alumnae Association.

The Toronto Central Registry of Nurses.

The Toronto General Hospital Alumnae Association.

The Toronto Grace Hospital Alumnae Association.

The Toronto Hospital for Sick Children Alumnae Association.

The Toronto Riverdale Isolation Hospital Alumnae Association.

The Toronto St. Michael's Hospital Alumnae Association.

The Toronto Western Hospital Alumnae Association.

The Winnipeg General Hospital Alumnae Association.

The Vancouver Graduate Nurses' Association.

THE ALUMNAE ASSOCIATION OF THE HOSPITAL FOR SICK CHILDREN TRAINING SCHOOL FOR NURSES, TORONTO.

Officers, 1906-7: Hon. President, Miss Brent; President, Miss J. Hamilton, 505 Sherbourne St.; 1st Vice-President, Miss G. Gowans; 2nd Vice-President, Miss J. Richardson; Secretary, Miss E. Jamieson, 105 Macpherson Ave.; Treasurer, Miss M. Hill, 105 Roxborough St.; Directors: Miss M. Gray, Miss C. Leman, Miss M. F. Blythe.

Conveners of Committees: Arrangement and Publication, Miss Goodall, 668 Euclid Ave.; Sick Visiting, Miss Annie McGarvey, 7 Rose Ave. Meetings are held on the second Thursday of the month at 3 p.m., in the Nurses' Residence.

THE ALUMNAE ASSOCIATION OF THE COLLINGWOOD GENERAL AND MARINE HOSPITAL TRAINING SCHOOL FOR NURSES.

Officers, 1907-8: President, Miss J. E. Carr; 1st Vice-President, Miss M. M. Redmond; 2nd Vice-President, Miss M. E. Knox; Secretary, Miss A. I. F. Morton; Assistant Secretary, Mrs. Isabel McBride; Treasurer, Miss J. Cottrill.

Sick Visiting Committee: Misses Dawson, Lord, and Moore.

The meetings are held on the first Thursday of the month at 3 p.m., in the Board Room of the hospital.

TORONTO GENERAL HOSPITAL ALUMNAE ASSOCIATION.

Officers, 1906-7: Hon. President, Miss Snively; President, Miss Lucy Bowerman, 349 Sherbourne St.; 1st Vice-President, Miss Clara Brown, T.G.H.; 2nd Vice-President, Miss Jessie Robson, 103 Gerrard St. E.; Recording Secretary, Miss Alice Stewart, T.G.H.; Corresponding Secretary, Miss A. M. Stirling, 103 Gerrard St. E.; Treasurer, Miss Mareb Allan, T.G.H.; Directors: Miss E. Field, 505 Sherbourne St., Miss Julia Stewart, 12 Selby St., Miss Annie Lennox, 11 Humberside Ave., Toronto Junction.

Conveners of Standing Committees: Sick Visiting, Miss H. Fralick; Legislation, Miss A. Lennox; Programme, Miss B. Crosby; Social, Miss Florence Davis, 179 College St.; Look-out, Miss Elizabeth Stewart, General Hospital; Representatives of the Central Registry Board, Miss Burkholder and Miss A. Boyd.

St. Luke's General Hospital Training School for Nurses, Ottawa.—The usual graduating exercises of the school were held in the hospital on Tuesday, June 4th. One of the hospital wards was used for the function. It lost its identity as such, however, in the tastefully arranged bunting and palms and profusion of flowers. The graduating class consisted of seven, to whom the medals and diplomas were presented by the President of the Ladies' Auxiliary of the Hospital. The nurses were addressed by Mr. Lemieux, Postmaster-General, and the friends of the hospital by Sir Louis Davies. Altogether the function was very bright and attractive. The following week the Alumnae Association of the school held its annual meeting for the election of officers. Miss Chesley, Lady Superintendent, gave a report of the proceedings of the Ontario Nurses' Association, to which she had been sent as the delegate of the Alumnae. She strongly urged upon the members the advisability of joining the Association and working with them towards furthering registration.

Guelph General Hospital.—The annual meeting of the Alumnae Association was held at the Nurses' Home, July 2nd. The following officers were elected: Hon. Pres., Miss O'Neil; Pres., Miss E. Leadlay; Vice-Pres., Mrs. Anderson; Sec.-Treas., Miss M. Walker; Cor. Sec., Miss M. A. Cowin. After the usual business was transacted, a very pleasant social time was spent, refreshments being kindly provided by the Hospital Board of Directors.

Victoria Hospital, Renfrew, was the scene of a very happy gathering at the graduation exercises of the Training School. The three young ladies who received their medals and diplomas were: Miss Louise Watson, Rockingham; Miss Agnes E. Knight, Knightington, and Miss Annie G. Wishart, Kenmore. These three young ladies have completed their preparatory course under most efficient instruction. Miss L. MacAdam, Lady Superintendent, is indeed deserving of much credit for the work done and interest taken in the welfare of her capable pupils. Among those who took part were the Rev. John Hay, who acted as chairman in the unavoidable absence of Mr. S. T. Chown, Chairman of the Hospital Board; Dr. MacCormick, Rev. W. S. Jamieson, Reeve Smallfield, Rev. Father Cote, A. A. Wright, M.P., Mayor McKay, Dr. Mann. Music, both vocal and instrumental, added to the pleasure of the occasion. In the evening a reception was given by the Matron and graduate nurses, which was a very successful and pleasing event.

Correspondence.

A LETTER FROM JAMAICA.

WINDSOR HOUSE,
BROWN'S TOWN, April 8th, 1907.

DEAR MISS SNIVELY,—I have intended writing to you ever since the terrible catastrophe which befell this little island and of which I am sure you have heard, but I have been so busy that I was unable to do so before this.

A few days after the earthquake I went up to Kingston and offered my services at the General Hospital there. The Medical Superintendent seemed very pleased to accept them, as he said, they needed all the trained assistants they could get.

You cannot imagine the condition the place was in. Fortunately the hospital buildings had not been very much damaged, but the patients who had to be admitted were far more than could be accommodated, so they were just brought in and placed on the grass and here they had to lie until sheds were erected over them and these covered with cocoanut boughs, because there was not time to do any roofing. These sheds were afterwards replaced by tents which were sent up from one of the neighboring islands.

Can you imagine amputations and all kinds of operations being done under these conditions? It was impossible to attempt to carry them to the operating theatre, as every minute was of such value at a time like that, and it was really only the prompt attention that saved a great many lives.

All the while I just kept thinking that a battle field must present just such an appearance. I remained up in Kingston for nearly two months and gradually things assumed order.

The tents were a great comfort to the patients, as well as nurses, as they each contained 20 cots, and were equipped after the style of field-hospitals. There was just enough room down the centre, between the cots, for two tables, one we used as a doctor's wash-stand, and on the other we kept medicines, and the shelf underneath was used for dressing-basins, etc.

The linen was all kept in one room, and from this we got our daily supply.

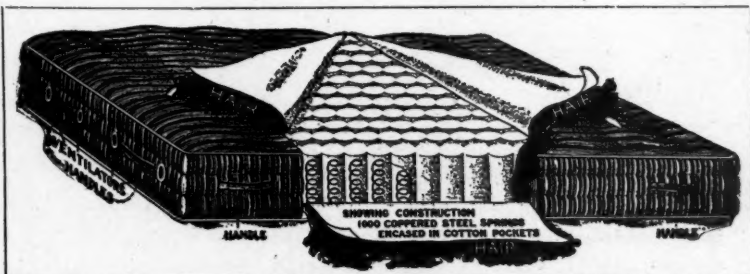
I had charge of what was called "The Compound," which contained 50 beds with women, then I had a tent of 20 beds, also with women, a men's tent of 20 beds, and a children's tent of 20 beds. Each tent had two nurses, but I had charge of them all.

You will know just what it all would mean, when I tell you that they were all sick patients, and as soon as they were considered out of danger, but not even at a convalescent stage, they

"I" said the student ;
 "It's best to be prudent—

"I said
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were removed to other tents, where they were looked after by people who had offered their services, but who had had no training whatever.

We were kept very busy all the while, and I quite enjoyed the rest when I was able to return home, as accommodation and living generally had been of the very poorest in Kingston.

I am sending you a copy of a letter which I received after my return home. It is from the Senior Medical Officer. He is not only Superintendent of the hospital, but superintends the entire Government Medical Staff throughout the Island. I thought perhaps the letter would be of interest to you. With kindest regards,

I am,

Yours sincerely,

E. M. LEVY.

Hospital and Training School Department.

THE new Hospital at Saskatoon will cost \$50,000.00.

THE new Quarantine Hospital at Winnipeg is completed.

DR. J. C. MARTIN, of Qu'Appelle, Saskatchewan, died last month of pneumonia, after a very brief illness, at the early age of thirty years.

THE V. O. N. are opening an Emergency Hospital for miners at Van Anda, B.C. This is being equipped by charitable organizations in Vancouver, and will be in affiliation with the mission boat "Columbia."

THE many friends of Mrs. Randolph Williamson (nee Fairley) are pleased to hear of her complete recovery from typhoid. Mrs. Williamson is a graduate of the Chipman Memorial Hospital, St. Stephen, N.B., but now resides in Montreal.

GREAT attention is being devoted at present to the Anti-Tuberculosis Campaign. Editorials in all the leading Canadian papers are taking the matter up. The *Ottawa Citizen*, the *Montreal Herald*, and other papers are among the foremost in this matter.

THE Hon. Rudolphe Lemieux, Postmaster-General of Canada, in his address at the graduating exercises of St. Luke's Hospital, Ottawa, stated that President Roosevelt said to him that in Washington Hospitals Canadian nurses were considered the best.

ONE of the most pleasing features of the recent graduating exercises at Toronto General Hospital was the presentation of the Alumnae Scholarship, established by the Toronto General Hospital Nurses' Alumnae Association. The winner was Miss Beatrice Ellis, and the presentation was made on behalf of the Alumnae Association by the Honorary President, Miss Snively.



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CANADA

DR. W. C. NICKLE, of Crystal City, Man., died in the south, after a long illness, a few weeks ago. Dr. Nickle, whose home was in Madoc, Ont., was a graduate of Manitoba Medical College, and a successful physician.

THE Nurses' Home in connection with the Hospital, Moncton, N.B., had its formal opening on the evening of May 1st. The residence was crowded with visitors and the opening ceremonies were thoroughly successful. Mayor White delivered the opening address.

DR. LAW, the Medical Health Officer of Ottawa, has recommended to the city authorities the appointment of a graduate nurse to supervise the sterilization and bottling of milk for infants in bottles ready for the infant's use, having a rubber nipple attached. Dr. Law is to ascertain the cost of this plan and make a further report.

THE library and reception rooms in the Nurses' Residence of Toronto General Hospital, have been handsomely re-decorated, and re-furnished. The scheme of color carried out in the Brussels rugs and the wall decorations is in several shades of green. The rooms were much admired on the occasion of the graduation garden party last month.

A NEW steam laundry has been erected and fitted up in connection with St. Joseph's Hospital, Port Arthur, at a cost of \$3,000. Last October an elevator was put in at a cost of \$2,000. The Hospital Ladies' Aid who worked so faithfully to raise the necessary funds for these improvements, have earned the sincere thanks of the sisters of St. Joseph.

WE had the pleasure of welcoming back Miss Evans, Superintendent of the Kootenay Lake General Hospital at Nelson, B.C., on her return for a brief visit to Toronto this summer, the first she has paid here since her appointment to her present important position five years ago. Her friends are delighted to see Miss Evans looking so well.

At the recent annual meeting of the Samaritan Hospital for Women, at Montreal, officers were elected as follows: President, Mrs. Alfred Pennell; first vice-president, Mrs. Farquhar Robertson; second vice-president, Mrs. R. D. McGibbon; honorary treasurer, Mrs. John Payne; honorary secretary, Miss Cramp; assistant to secretary, Miss Glassford. Diplomas were awarded to the following nurses: Miss Slack, of Farnham; Miss McFall, of Lachute; Miss Brodie, of Dalhousie.

THE Teulon Presbyterian Hospital was established by the Presbyterian Church as a Missionary Hospital, for foreign settlers, at Teulon, about forty miles north of Winnipeg. It has been in existence now for nearly four years, and is supported by the Women's Home Missionary Society. The county is largely bush and swamp and very hard to clear and drain, consequently the majority of the

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people will be poor for a good while yet. This makes the district a suitable place for philanthropic work. There are settled in Teulon several thousand Galicians, and considerable colonies of Swede, French, German, and other foreign nationalities, in addition to a number of English speaking people. The Hospital is a very pretty frame building with accommodation for fifteen patients. The average daily number of in-patients is eight. In addition to this there is a good deal of out-patient and dispensary work. Some of the patients come from a distance of fifty miles. There are three nurses, Miss E. J. Bell, formerly of Kingston, the lady superintendent; Miss Mabel Davidson, from Toronto, and Miss Mary Aiton, from the Toronto District Nursing Mission.

MRS. HANNA, one of the senior nurses in St. Joseph's Hospital, Port Arthur, has had to take her eight year old son away for the spring months, as he has contracted tuberculosis. They are at present in Bermuda. Mrs. Hanna is one of the graduating class for October, and was the first nurse to enter the training school, when it was started in 1904. We sympathize sincerely with Mrs. Hanna, and hope her boy will be greatly benefited by the change.

AN active canvass which we hope will be very successful, has been begun for the Nurses' Club House for Toronto. It is thought that it will cost about \$15,000.00, and the plan of the committee is to erect a club house sufficiently large to accommodate all the departments of nurses' work in the city, such as the Central Registry, Social Club and other organizations. A lecture-room to seat 200 is much needed, and it is intended that the upper stories shall be residential apartments for nurses, with a café, if possible, on the top floor.

THE Victoria Public Hospital has just issued its annual report for 1906. It has a very pleasing and attractive appearance in its neat gray cover and the illustrations including a picture of the Hospital, one of its founders, Lady Tilley, and four views of the interior of the Hospital, add to the interest. The Hospital has had a successful year. The following are the names of the trustees and the medical staff and the house officers. *Board of Trustees*:—President, Hon. F. P. Thompson; vice-president, Mr. T. Carleton Allen. *Trustees Without Office*:—The Mayor of Fredericton, The Secretary-Treasurer of Municipality of York County, Mr. J. H. Barry, Mr. Willard Kitchen, Mr. M. Tennant, Mr. A. H. F. Randolph, G. Clowes VanWart, M.D.; secretary-treasurer, Mr. Chas. A. Sampson. *Medical Staff*:—W. C. Crocket, M.D.; G. C. VanWart, M.D.; J. W. Bridges, M.B.; A. B. Atherton, M.D.; G. J. McNally, M.D.; H. H. McNally, M.D.; W. J. Weaver, M.B.; pathologist, R. H. McGrath, M.D. *House Officers*:—Matron, Miss C. A. McCallum, Graduate Boston City Hospital; superintendent of nurses, Miss Renee J. Kirk, Graduate Victoria Public Hospital, Fredericton, Graduate General Memorial Hospital, New York City.

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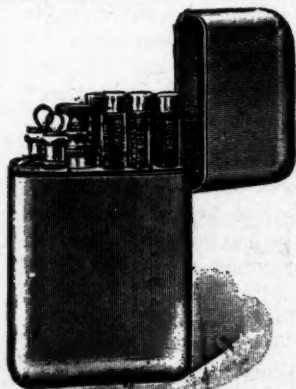
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A NEW departure in out door work has been permitted and encouraged at the Massachusetts General Hospital of Boston, under the auspices of Dr. Richard C. Cabot and others. It consists essentially in the organization of a small corps of social workers to attend to out door patients who need food they cannot get, or a truss which they cannot buy, or a vacation they cannot take, or surcease from worry when Black Care follows them closer than a brother. This social service includes not only temporary financial aid, but practical teaching in hygiene, feeding and living generally.

A MOVEMENT for the establishment of a consumption camp in Montreal is arousing much interest at present. Official statistics show that there are in Montreal about 4,000 persons who are now suffering from this dreadful disease, and about 700 deaths every year there are due to the same cause. Dr. E. J. C. Kennedy, said that he thinks at least 1,500 people die every year from tuberculosis in Montreal, a number being really due to tuberculosis, though the terminal infection may be of some other character. Such a camp would be a great aid in providing supervised home relief and careful instruction to the sufferers for their own benefit and the safety of others.

DR. GRACE RITCHIE-ENGLAND, Dr. Elizabeth Mitchell, Dr. Helen MacDonald, and other ladies practising in Montreal, have a very successful clinic for women. This Dispensary for Women was first opened in February, 1906, at 47 Guy street. During the first year the consultations numbered 1,294. It has now been decided to extend the work so as to include infants and children. In future medical advice may be obtained by poor women and children free of charge at 10 a.m. on Mondays, Wednesdays and Thursdays. A small sum will be charged for medicine and dressings. The Dispensary has moved from its former quarters to 84 St. Felix street, north of St. James street west.

THE present and former members of the House-staff of Toronto General Hospital, now numbering upwards of 200, have formed among themselves a Medical Association, which held its second annual dinner at the King Edward Hotel, during the recent meeting of the Ontario Medical Association. The president, Dr. J. F. W. Ross, gave an interesting history of the Hospital, which was founded in 1819, when the population of Toronto was about 1,000. The first building was a two-storey one, and was located somewhere in the block which is now bounded by King, Adelaide, Peter and John streets. Dr. Christopher Widmer was the first superintendent, and held the office for thirty-five years. The Hospital owed its existence to the military surgeons who were then stationed in the city. The officers for the year were elected and are as follows:—Dr. W. P. Caven, president; Dr. Alexander Taylor, Goderich, vice-president; Dr. J. N. E. Brown, secretary; Dr. W. B. Hendry, treasurer, and Drs. R. H. Robinson, George Greenway, and C. B. Shuttle-

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worth, the committee. Dr. Taylor, Goderich, who was House surgeon in 1869, and was the oldest of the former staff present at the banquet, was made an honorary member of the association, as were also Dr. L. F. Barker, of Baltimore, and Dr. Charles O'Reilly.

Two additional scholarships will be awarded next year to the nurses of the T. G. H. Training School. The first, of \$50, given by Mrs. W. T. White, is for the Intermediate year; and the second, of the same amount, is for the Junior year, and is to be called the "Arthur McCollum Scholarship." Dr. Arthur McCollum was the first Superintendent of the T. G. H., and the scholarship is established by his wife.

THE Montreal Western Hospital very much regret parting with Miss Rahno Aitken (T. G. H.). On the eve of her departure a large dance was given for her, at which the Board of Management presented her with an illuminated address and a purse of gold containing \$275, while the nurses in training gave her a beautiful gold and pearl brooch. The Stamp Boys' Club of Westmount (a boys' club much interested in Hospital work), presented Miss Aitken with a most useful leather shopping bag, containing a dear little watch. The dance was given in the new Hospital, which as yet has not been opened to patients. It is rumored that one of the private wards in the new Hospital will be called the Aitken Ward. Miss Craig, graduate of St. Luke's Hospital, Chicago, succeeds Miss Aitken as superintendent.

NINETY shares of stock, par value \$5, have now been subscribed for in the Toronto Graduate Nurses' Club—a very good beginning. These shares have been taken by sixty nurses, one nurse taking ten shares, another six, and several two shares each, with a prospect of more. The money for these shares, with something over \$525, the proceeds of the Grand Opera House entertainment, will form a good nucleus for further work in the autumn. Plans are now being discussed which will probably be carried out in the winter of 1907-8, and materially add to the funds. Mr. John Ross Robertson has made the excellent practical suggestion that each of the 400 nurses in Toronto pay \$10, thus providing at once a fund of \$4,000, which will help to lessen the apparently inevitable mortgage on the new clubhouse.

THE "Made-in-Canada" Fair at Guelph during the week of June 17th, in aid of the Guelph General Hospital, has been a wonderful success. Nothing else has been talked of in the city for a long time, and when His Honour Lieutenant-Governor Clarke came up from Toronto and opened the Fair, even the citizens of Guelph most in the secret were amazed at the variety, beauty and real merit of the Fair. Everything and everybody was there. Mrs. Jarley, boot blacks, home-made booths, weighing machines, shooting galleries, votes for the most popular man at five cents

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per vote, departmental, cereal and dairy stalls, may pole, fish pond, Italian, Japanese, ribbon, hardware, paper, Red Cross, and candy stalls, ice cream, post office, and high tea. All Guelph was there all the time, and among the visitors from a distance were His Lordship Dowling and Father Mahoney of Hamilton. The bowlers from Berlin also visited every stall and won golden opinions. The proceeds will probably be well over \$2,000.

UNDER the authority of the Board of Superintendents and the School Board of Boston, an examination was held in the Girls' High School on June 15th for the twenty-one appointments for City Nurse in Boston. The supervising nurse receives a salary of \$924 for the first year, with an annual increase of \$48 to a maximum salary of \$1,116. That of assistant is to be \$648 the first year, with an annual increase of \$48 to a maximum of \$840. Temporary assistant nurses are to be paid \$2 a day of actual service, with days of one session counting as full days. Under the special Act of the Legislature \$10,000 was appropriated for the employment of nurses from September to December, 1907, inclusive. After this year there will be \$25,000 a year available for the purpose. The nurses are to be in actual service eleven months of the year, being on duty at the vacation schools as well as during the regular school year, and are to have four weeks' vacation. The examinations will be conducted on the basis of 1,000 points for qualification, of which experience will count 150; English language and grammar, including spelling of words used in connection with nursing and medicine, 50; arithmetic, 50; principles and progress of nursing and general medicine, 300; dietetics, foods and cookery, 200; anatomy and physiology, 100; oral examination and demonstration exercises to test the skill of the candidate, 150.

WE are permitted to make a few extracts from the Twenty-sixth Annual Report of the Toronto General Hospital Training School for Nurses, by the Superintendent, Miss Snively. Number of applications received during the past eight months, 418. Forty-six of these entered the School on probation, thirty-two were ultimately accepted. The present staff of the School therefore is as follows: Assistants, 2; night supervisor, 1; head nurses, 5; pupils, 84; probationers, 12. An average of ten additional graduate nurses daily have been employed on special duty. Total number of graduates, 470. During the last eight months, in addition to the practical work in the wards, there have been 106 demonstrations in the various details connected with nursing the sick, such as bed-making, the administration of baths, changing of sheets, etc.; there have been 85 classes, conducted by the Superintendent of the School and her assistants, and 95 lectures, delivered by various members of the visiting staff. There have been many calls for nurses to fill hospital positions during the year, and the following nurses have received appointments: Carrie Bowman, Superinten-

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dent, General Hospital, Portage la Prairie, Man.; Lucy Hurlburt, Superintendent, Freemason's Hospital, Morden, Man.; Mary McIsaac, Superintendent, General Hospital, Edmonton, Alta.; Catherine Menzies, Superintendent, Northern Pacific Hospital, Tacoma, Wash.; Lottie Lawson, Superintendent, Sanitarium, Gravenhurst, Ont.; Berta Brydon, Superintendent, Victoria Hospital, Barrie, Ont.; Alice J. Scott, Lady Superintendent, General Hospital, Kingston, Ont.; Marie Snell, Assistant Supt. of Nurses, Jewish Hospital, Cincinnati, Ohio; Nellie McHoull, Assistant Supt. of Nurses, Marion Sims Hospital, Chicago, Ill.; Lillian Sargent, Assistant Supt. of Nurses, General Hospital, Edmonton, Alta.; M. E. Graham, Night Supervisor, General Hospital, Vancouver, B.C.; Ethel Somerville, Night Supervisor, General Hospital, Edmonton, Alta.; Gertrude Moore, Head Nurse, Private Hospital, Minneapolis. Two graduates engaged in missionary work—Sara Simpson from India, and H. McKim from Persia—have visited the School this year, the latter giving a very interesting talk to the nurses regarding her hospital work in that distant land.

THE Walker Theatre at Winnipeg was the scene of a very large and remarkable gathering last month, when the Rev. Dr. Moore, of Ottawa, delivered an address, the like of which is seldom heard, either from a layman or a physician, on the subject of Tuberculosis. The Mayor of Winnipeg presided and among others present were His Honor the Lieutenant-Governor of Manitoba, Sir Daniel McMillan, K.C.M.G., the Premier of Manitoba, the Hon. T. M. Daly, Dr. Sutherland, W. H. Reeve, H. W. Gordon, C. C. Chipman, E. L. Drewry, and Dr. Dalglish. His Worship the Mayor opened the meeting by a brief and sympathetic address, and introduced the lecturer who gave a brief history of the treatment of consumption at different ages of the world's history, and stated that the number of deaths every year in Canada, from the cause alone, was 12,000. The speaker then explained the cause of consumption, showed how consumption can be cured, and that it is not hereditary. Mr. E. L. Drewry, one of the trustees of the Sanitarium,* then spoke, at the invitation of His Worship and said that those who had come that afternoon had evidently their hearts in the right place and were touched with sympathy for the suffering. Their presence was a good augury to the trustees of the Sanitarium movement, which must and would succeed. Some \$30,000 had already been subscribed of the required \$75,000. The latter sum was needed to put up the initial building, which would then be added to as occasion demanded. It was only in accordance with the spirit of the present century for men and women to aid in a work productive of so much good. He hoped great things from the month's sojourn of Dr. Moore in the Canadian west. The Hon. T. M. Daly hoped that Dr. Moore would return to Ottawa with the satisfaction that he had opened the eyes of the mass of people to the fearful effects of the terrible scourge that consumption was throughout the length and

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breadth of the land. The Lieutenant-Governor then addressed the meeting. Two features in the address appeared to him specially worthy of notice. One was the answer given by Dr. Moore to the question whether consumption could be cured. If that question had been asked a few years ago, the answer in ninety-nine cases out of a hundred would have been that it could not. Dr. Moore had not only told them that consumption could be cured, but he had also told them how it could be cured. The other feature of the address that struck him was what Dr. Moore had to say as to how the disease was spread, and the means to be taken to prevent contagion. It was our duty to take steps to forward the movement, and he believed that when they realized the dangers they would be prepared to do even more than they had done in the past in order to help Dr. McInnis in the good work he had in hand. The chairman expressed the thanks of the meeting to Dr. Moore for his address, and also to the proprietors of the theatre for the use of the building.

THE Montreal Western (General) Hospital is to be almost entirely rebuilt. The present building, erected in 1872, was used as a special Hospital for some years, but became a General Hospital in 1894, when it was re-organized. Owing to the growing wants of the west end district for hospital service, due in a measure to the accidents occurring in the factories and mills of the lower city level, cases have been refused, sometimes daily, the old building with its limited accommodation having been filled up. Under these conditions the governors decided some time ago to build a fire-proof wing, and this is now about to be opened for the reception of patients. This new wing will have about one hundred beds, including twenty-two private wards. It has been built with all the most modern improvements and conveniences in lighting, heating and ventilation with the latest medical and surgical appliances and instruments. When completed this will be of immense service to the district tributary to the institution. The erection of the new wing now renders an appeal for funds necessary, for the Hospital is supported entirely by public benevolence. The cost of the new building will be about \$75,000, and the committee of management have decided to endeavor to raise a special fund of \$100,000 to cover this cost, and also to provide a small amount for necessary alterations and improvements. About one-third of the sum is said to be practically in sight, but the committee hope to secure it all in the immediate future, either in present payments or payments extended over five years. The good work done by the Hospital in the many years of its existence warrants the committee in thinking that their object will soon be attained, and the funds wanted readily secured. In its public department it serves a large and growing manufacturing district situated in the south-western part of the city. The management are anxious to be in a position to handle promptly and efficiently the numerous emergency calls from this district. They feel assured that with this object in view they will have the hearty

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support of the many manufacturers and others whom they can thus serve. The growing desire on the part of the wealthier classes to obtain the best Hospital treatment when sickness arises and at the same time to secure the attendance of their own private physician, has led the committee to pay special attention to the private ward department. In fitting up twenty-two private wards where patients will have the best nursing and general care under the supervision of their family medical attendant, the committee feel that they are supplying a want specially urgent at the present time, when it is almost impossible to obtain private wards in any of the larger Montreal Hospitals. This department will always be self-sustaining. The president of the Hospital Board, Mr. Charles F. Smith, and the Committee of Management, are to be congratulated upon the skill and success with which they have conducted the affairs of the Hospital. To the former superintendent, Miss Rahno Aitken, whose executive ability and administrative power were of a very high order, is also due in a great measure the success of the Hospital, and we have no doubt that these traditions will be amply fulfilled by her successor, Miss Craig.

THE LETTER FROM PARIS.

PARIS, France, June 22, 1907.

DEAR CANADIAN NURSE,—Would that all our nurses had attended the Paris conference. The papers have been most helpful and inspiring, and the intercourse with so many whole-souled and enthusiastic professional women.

And the people of Paris have received us royally and treated us with such charming hospitality that the Paris conference will long remain a delightful memory. Let me tell you something of our happy experiences.

On Monday afternoon Mlle. Chaptal received the delegates at her splendid training school, Maison-Ecole d'Infirmières Privées. And on Tuesday afternoon we were received by the Municipal Council of Paris in the magnificent Hotel de Ville—a great honor. Madame Alphen Salvador, Vice-President of the Conference, received us at her nursing school in the Rue Amyot on Wednesday afternoon. Madame Salvador is the founder and president of this school, which is only in its infancy, but for which great things are predicted in the future.

Again, on Thursday, Madame Salvador was our hostess, when she escorted us to Versailles, where we visited the Grand Palais and other places of interest and were entertained to tea at the Girls' College. A most delightful afternoon was enjoyed. In the evening the Conference Banquet was held at the Hotel Continental.

The Baroness James de Rothschild entertained a party of

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sixty to lunch at the fine old inn at Chantilly on Friday and gave them a visit to the chateau and grounds.

Mrs. Edmond Kelly invited the other members to a picnic at St. Germain, which was a great success. Is it any wonder we are charmed with the people of Paris and grateful for their untiring efforts on our behalf.

The opening session was wholly in French. It was most impressive to see the interest taken by so many medical men who honored our Conference not only by their presence but by their papers.

In the afternoon Miss Nutting spoke on "A Hospital Preparatory Course for Nurses," Fraulein Karl gave a very interesting account of "The Progress of Nursing Education in Germany." The training required there was only five months, sometimes three months, but gradually there has been improvement, and now one year's training is necessary. The German Nurses' Association has provided for a second year, so this shows steady progress and testifies to the perseverance of the nurses. We are not surprised that things are progressing under Fraulein Karl.

Then followed an interesting account of the nursing movement in Finland. In 1886 their Nurses' Association, now numbering 300 members, was founded, and the organized training was one year. The time is now one and a half years. They owe their inspiration to a nurse who trained in England and met Florence Nightingale. Their preliminary training school was opened last August; course, two months.

Miss Dock spoke briefly on "The Hospital Economics' Course at Teachers' College, Columbia University, New York." This course was founded by the Association of Superintendents of Training Schools to supply the needed training in general management of large institutions and in teaching. At first the course consisted entirely of theoretical training, but now there are five large hospitals affiliated with the University, and the practical training necessary is possible. The discussion was opened by Miss Keith Payne, New Zealand. There they have the eight-hour system in hospitals, and state registration for nurses. The nurses take their examination in anatomy and physiology at end of second year and their final in nursing at end of third year. They have a Private Nurses' Association and a home in which the nurses may live.

Mlle. Chaptal emphasized three things in her paper, "Assistance to the Wives and Infants of Workingmen": (1) Mother must nurse her child herself; (2) she should be instructed in principles of hygiene and proper care of child before its birth, and (3) she should be supplied with nourishing food, if necessary, rather than encourage her to wean the child by supplying milk for it.

Mrs. Robb conveyed the greetings of the Associated Alumnae

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of the U. S. to the Conference, and then read Miss Johnson's paper, "The Part of the Trained Nurse in the Campaign against Tuberculosis": (1) Care of individual patient by seeing he gets plenty of nourishing food and an abundance of fresh air; (2) educate people as to nature of disease and means of preventing its spread. (3) See that instructions given patient at clinic are carried out in the home and persisted in till benefit is realized. The patient must be made to realize that his own recovery and the safety of his family are in his own hands. (4) Report all removals of families where the disease is present to the Health Department, so that houses may be disinfected. All in infected households should be kept under surveillance. Compulsory registration of all infected cases is the only means of thoroughly doing the work. The dispensary nurse is indispensable in this campaign. Her work is instructive and preventive.

"The Nurse in the Public Schools" next claimed consideration, and it was shown that the nurse had as large and important a field of usefulness here as in any branch of her work. The ministrations of the nurse often prevent the child having to be kept out of school. The nurse should not be an inspector, but should do as much nursing as possible for the school children. If the nurse has an order from the physician in charge for all minor dressings, she can then attend to all routine work, and so leave the physician more time for thorough examination of children.

"The Nursing of the Poor in Their Own Homes."—The visiting nurse does an invaluable work here. To be thoroughly equipped, she must have the best hospital training, and also experience in private nursing, if possible. The whole work of the visiting nurse is one great educational effort.

Lady Hermione Blackwood spoke of the work of the Queen's Nurses in the west of Ireland, where they have so many superstitions as well as numerous other difficulties to overcome. The educational and preventive part of the work is not the least important, for thus the nurse raises the standard of the population among which she works. The district nurse does a great work, and must distrust all methods that tend to pauperize the people. For her important work she needs more, not less, training. Miss Maxwell spoke of the plan in New York, where pupil nurses are sent out to do district nursing in first part of third year for two months.

The closing session on Thursday was taken up with the consideration of "Professional Organization" and "The History of the Professional Nursing Press." Great progress has marked these two branches in the last twenty years, and the papers were followed with the keenest interest.

Mrs. Bedford Fenwick led the discussion in an excellent paper on "The Organization of the Nursing Profession: By its Members; by the State."

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Mrs. Robb then read Miss Sly's paper, "Report on Organizations and Laws in the United States."

The work was inaugurated by the organization of the Society of Superintendents of Training Schools, which stood for educational questions. Following this Alumnæ Associations in each school were formed, and in 1897 was held the first meeting of the Associated Alumnæ of the United States.

State Associations were organized to work for State registration. There are 29 of these, and as a result 14 States have State registration. Two States require a three years' course; the rest, two. Physicians have strongly opposed this movement, as they thought they should have representation on the Central Board.

Mrs. Kildare Treacy, Dublin, compared the condition of hospitals twenty years ago, when there was little skilled training and no organization, with that prevailing now, when skilled training is the rule and organization is advancing so favorably. She told us of the Nurses' Club in Dublin, where the reading room is supplied with nursing and other literature, and where lectures are given by eminent medical men and others.

The Conference emphasized the value of the professional press, and I was most proud to represent THE CANADIAN NURSE. The following are the journals represented: *British Journal of Nursing*, 1888; *American Journal of Nursing*, 1900; *Nosokomos*, 1900; *St. John's House Nurses' League News*, 1901; *Nurses' Journal of the Pacific Coast*, 1904; *The Queen's Nurses' Magazine*, 1904; *The Canadian Nurse*, 1905; *The Visiting Nurse Quarterly*, 1905; *Kingston Infirmary Nurses' League Journal*, 1906; *Unterm Lazaruskreuz*, 1906; *La Garde-Malade Hospitalière*, 1906. Two others appeared on the programme, but they were not represented.

The last evening Mrs. Bedford Fenwick entertained those interested in journals, and representing them, to dinner, and we had a delightful time discussing the work. It is most interesting to hear of the struggles and successes of others, and they are not so different to our experiences, no matter in which country the work is carried on. Several delegates have told me how much they enjoyed reading THE CANADIAN NURSE.

This Conference, I feel sure, will mark the beginning of a great advance in our work. I am sorry this report is so fragmentary, owing to my inability to follow the papers given in French, but I trust all our nurses will obtain a report of the Conference from the Hon. Secretary, Miss L. L. Dock.

Very sincerely yours,

B. CROSBY.

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The Nurse's Library.

Invalid and Convalescent Cookery. By MARY E. BIRT. Bristol: John Wright & Co. 6d.

In the twenty-three pages of this neat little pamphlet there are fifty or more excellent recipes, all made by the writer herself. They are both dainty and practical.

Nursing—General, Electrical and Surgical. By W. J. HADLEY, M.D., F.R.C.S. London: J. & A. Churchill. 3s. 6d.

Dr. Hadley, one of the lecturers to nurses at the London Hospital, has prepared a second edition of his well-known text-book, which was first issued in 1901, and has been favourably received. It is a useful and practical treatise, and we are glad to have an opportunity of examining it; but at the same time, on the subject of nursing, we prefer the text-books written by nurses themselves. This, of course, is rather a text-book having as its basis lectures on medicine as delivered to nurses, and as such is a valuable book for any nurse's library.

Surgical Nursing. By RUSSELL HOWARD, M.B., B.S. (Lond.), F.R.C.S. (Eng.) London: Edwin Arnold. 6s.

This is an attractive and valuable book. Mr. Russell Howard is also one of the lecturers to nurses at the London Hospital, and has used his lectures as the basis of this work. It covers, in brief space, a great deal of ground in a thorough and scientific manner, and will be found useful for reference.

Accidents and Emergencies. By C. W. DULLES, M.D. Philadelphia: P. Blakiston's Son & Co.

Five large editions of this excellent little book have already been exhausted, and this, as well as other facts, show it to be one of the best books of the kind. We do not agree with the direction to deluge with water an eye into which lime has found its way (p. 27), and the most useful procedure in slight frostbite (rubbing gently with fur) is not mentioned (pp. 53, 54). The section on Poisons and that on Domestic Emergencies are specially good.

SPECIAL NOTICE.—Our readers are reminded that a very important event will take place in Montreal on September 11th and 12th, that being the date of the first annual meeting of the

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Canadian Association of Superintendents of Training Schools for Nurses. The Montreal General Hospital Nurses' Club House at 59 Park Ave. has been selected as the place of meeting, and besides the address of the President, Miss Snively, addresses are expected from Miss Livingston, Superintendent of the Montreal General Hospital; Miss Henderson, Superintendent of the Royal Victoria Hospital, and others. A very interesting meeting may be confidently expected.

TRAINING SCHOOL OPENED.—The Lady Minto Hospital at New Liskeard is now open, and applications to the Training School will be received by the Lady Superintendent. Full particulars given on application. Miss Keith, Superintendent.

THERE is a Resting Room and a Retiring Room in connection with the Women's Banking Office, at the Crown Bank of Canada, 34 King Street West, Toronto. A hearty invitation is extended to members of the nurses' profession all over Canada to make use of these rooms, both for themselves and for their friends or patients who may be passing through the city.

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